

**CLASS OF 2020**  
**NEW ENGLAND PRIDE**  
**SCHOLARSHIPS**



**YOUTH**  
**NEW ENGLAND**  
**WRESTLING**  
**CHAMPIONSHIPS**

**MARISOL NUGENT**



Marisol Nugent, the most decorated female wrestler in Massachusetts' history, grew up in Boxford MA and attended high school at Phillips Academy in Andover. Marisol is now a student-athlete at Lehigh University in Bethlehem PA, where she trains with coaching legend Jeff Buxton at the regional training center for the Lehigh Valley Wrestling Club.

Nugent first stepped on the wrestling mat in third grade, so that she could spend more time with her dad. At his Mercury Rising Wrestling Club in Danvers, Marisol learned the fundamentals of wrestling and won her first New England title a year later. Since that time, Nugent has not only been a fierce competitor on the mat, but also a relentless advocate for women's wrestling.

An ACL tear during her junior year of high school presented Nugent with a unique opportunity. Forced to the sidelines, Marisol decided to devote all of her time and energy to growing women's wrestling in New England. She found a home at the Doughboy Club, where Coach Mike Marshall hired

her to work in the office in order to keep her close to the sport that she loves. Marisol worked with the other coaches to create the *Doughgirl* program. Nugent now coaches at the RipTide Wrestling Club, and anywhere else she is needed to help run an all-girls practice. She also interviews athletes, speaks to coaches and athletic directors, and petitions for girls wrestling opportunities.

**Accomplishments:** Massachusetts' First Junior National Champion # UWW Women's Jr. National Champ Super 32 National Champ # 8-Time All-American # Prep New England Champion & Outstanding Wrestler Prep National Champion & Outstanding Wrestler # Folkstyle Nationals 3<sup>rd</sup> Place # Fargo 2-Time All-American Phillips Andover Co-Ed Team Captain & Outstanding Wrestler # Youth Girl's New England/MA State Champ Youth New England Co-Ed Placer # Tricia Saunders Excellence Award # James C Peckham Scholarship Award Phillips Andover Press Club Awards # Doughboy Scholarship Award # New England Pride Scholarship Award

**Quote:** "You know that something has had an incredible influence on your life when it possesses your mind, body, and spirit."

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